# Long Branch Area YMCA



1304 S Missouri St Macon, MO 63552 (660) 385-1818

#### Applicant

Last	First	Middle	Date of Birth		Male	Female
Address			Contact Phone			
City		State	Zip	Email		
Emergency Contact	*		Relationship	Emergenc	y Phone Number	-

## Parent/Guardian (if applicant is 17 years of age or under)\*

Last	First	Middle	Date of Birth		
				Male	Female
Address			Contact Phone		
0'1		<u>.</u>			
City		State	Zip		

**Liability Waiver:** I understand that the Long Branch Area YMCA (YMCA) assumes no responsibility for injuries or illnesses which I may sustain as a result of my physical condition, or resulting from my observation or participation in any activity or use of facilities or equipment used for YMCA activities. I expressly acknowledge on behalf of myself and my heirs that I assume the risk for any and all injuries and illnesses which may result from my participation in these activities. I hereby release and discharge the Long Branch Area YMCA, its agents, servants, and employees from any and all claims of injury, illness, death, loss or damage which I may suffer as a result of my participation in these activities.

**Sex Offender Screenings:** The YMCA conducts regular sex offender screenings on all members, participants, and guests. If a sex offender match occurs, the YMCA reserves the right to cancel membership, end program participation, and remove visitation access.

**Nationwide Membership:** By participating in the YMCA Nationwide Membership Program, I agree to release the National Council of Young Men's Christian Association of the United States of America, and its independent and autonomous member associations in the United States and Puerto Rico, from the claims of negligence for bodily injury or death in connection with the use of YMCA facilities, and from any liability for other claims, including loss of property, to the fullest extent of the law.

**Property Loss:** I understand that the YMCA is not responsible for personal property lost, damaged, or stolen while members and/or program participants are using YMCA facilities or on YMCA program premises.

**Photography Permission:** I give my permission for the YMCA to use, without limitations or obligation, photographs, film footage, or tape recordings which may include my image or voice for purposes of promoting or interpreting YMCA programs.

**Insurance:** I understand it is my responsibility to provide for my own (and other members of my family if applicable) accident and health coverage while participating in all YMCA activities. The YMCA does not provide any accident or health insurance for its participants.

**Medical Release:** I authorize the YMCA, as my agent, to give consent to surgical or medical treatment by a licensed physician or hospital when such treatment is deemed necessary by the physician if I cannot be contacted within a reasonable time or otherwise unable to give such consent. I authorize the YMCA to give first aid, CPR or other treatment by a qualified staff member.

**Medical Clearance:** If I answer "yes" to any of the following questions, I understand that it is my responsibility to complete an Informed Consent Waiver which may be obtained from the YMCA office. 1. Has a doctor ever informed you that you have high blood pressure? 2. Have you ever had a heart attack, heart surgery or any type of heart problem? 3. Do you have any serious orthopedic problem? 4. Are you pregnant? 5. Is there any reason why you believe you should not be engaged in exercise? Note: These questions are applicable to all family members listed on this application.

Acceptance: This waiver and release is given for myself and on behalf of all the minor members of my family listed, if any. I acknowledge the conditions stated above. If any portions of this waiver are held to be invalid, I agree that the remaining terms shall continue to be full legal force and effect. I have read, or have had read to me, and voluntarily sign this waiver and release from liability.

Signature - Participant*	Date	Signature- Parent/Guardian(if applicable)*	Date
TEMPORARY GUARDIAN SIGNATURE *REQUIRED	Date	Y Staff Initials:	

YMCA Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all. 6.1.2018



Thanks to volunteers and donors we can all enjoy our YMCA. Belonging to the YMCA makes you a part of our family. Membership has privileges and responsibilities. Everyone appreciates a clean, safe and organized facility. As a membership organization, it is the responsibility of every member to take pride in caring for our facility. Please read the following points of information to make your visits to the Y more enjoyable.

## Facility Guidelines:

- 1) All members (including children) should present their membership card to the front desk staff upon entering the YMCA.
- 2) The YMCA is smoke-free.
- 3) Profanity is not allowed at the YMCA.
- 4) Youth under the age of 12 must be accompanied by an adult except during their class time, if they are enrolled in an instructor/coach-supervised YMCA program.
- 5) Children under the age of 8 must be signed into child watch or within direct parental supervision, or in an instructor/coach-supervised YMCA program.
- 6) Plastic, resealable, bottled drinks are allowed on the main level of the facility only.
- 7) If you perspire, please bring a towel for your YMCA activities.
- 8) Shirts are required.

## Shoes:

- 1) Clean, dry, athletic shoes are required to utilize the YMCA.
- 2) We recommend that you bring a clean pair of shoes for your YMCA activities.

#### Gymnasium:

- 1) Drink, food, or gum is not allowed in the gymnasium.
- 2) No hanging on the basketball rims.
- 3) Gymnastics equipment is off limits except during YMCA instructor-supervised class time. Members may be on the large blue spring floor - please remove your shoes.

# **Fitness Center:**

- 1) The Fitness Center serves members age 15 and older.
- 2) Members age 12 to 14 may use the fitness equipment after attending a fitness orientation and must be supervised by an adult.
- 3) Members under the age of 12 are not allowed in the fitness center.

# Child Watch Area:

- 1) Child Watch serves children from age 6 weeks up to eleven years old.
- 2) Parents of children in Child Watch must remain in the YMCA facility.
- 3) Child Watch Guidelines are available at the front desk.

# Walking Track:

- 1) Members age 12 and older may walk on the track. Children ages 6-11 may walk on the track with a responsible adult.
- 2) Children under age 6 are not allowed on the track.
- 3) No stationary viewing is allowed from the track. Bleachers are available in the gym.
- 4) Baby strollers, skateboards, roller blades and roller skates are not allowed.

I have read the above information and agree to honor these practices.